

Se'LADE Spring

AN OFFICIAL CHAPTER OF THE
AADE American Association
of Diabetes Educators



INSIDE
THIS
ISSUE:

VOLUME 3 ISSUE 1

FEBRUARY 2009

Divabetic	1
Message from President	2
By-Laws 2009	3—7
April Annual Meeting	8
SeLADE BOD	9
Thank You	9
Job Openings	10
Fee for Meetings	10

Divabetic — Makeover Your Diabetes Fun for All

By Pamela C. Butler, MS CDE

On Saturday, October 25, New Orleans was host for the second time of **Divabetic – Makeover Your Diabetes presented by Novo Nordisk**. Over 300 women and, rumor has it, a few men, participated in a diabetes program that is like no other.

Where else do diabetes educators compete with a fashion show, spa and salon services and image consultants to get the attention of otherwise interested persons? Even the “clinical” stations staffed by CDE’s had diva-like names:

- Denial’s Not My Style
- Glam More, Fear Less
- Grab Green and Go
- Sweet Inspirations
- Tunnel of Love
- Twist and Shout

I have already been informed by Max Szadek, Divabetic Founder that this national program will return next year, date to be announced. You will have plenty of time to commit to work the 2009 event that I am certain you will thoroughly enjoy. However, you don’t have to take my word for it. Read what your fellow CDE’s say about working **Divabetic – Makeover Your Diabetes**:

Angela Cemo, MPH, LDN, RD, CDE: “I had a blast! It was a lot of fun. I enjoyed seeing people in the community having a blast and learning at the same time. I would definitely participate again.”

Terry Compton, APRN, MS, CDE: “Divabetic Makeover by Novo Nordisk was a unique community outreach program for women with diabetes. The program was very upbeat, positive and refreshing. I thought the six stations focused on the key points for diabetes self awareness and provided tips on how to make changes in diabetes management. I really enjoyed myself and would recommend others to participate.”

Coletha Riley, RN, APRN, CDE: “Divabetic was awesome! It was a great way to provide diabetes education to a large number of people in a short period of time. But, while doing this, everyone had the opportunity to learn while having fun. The tone was relaxed and the attendees had the opportunity to choose what they wanted to do. As for the educators, the day was nonstop. You never stopped talking and, by the end of the day, I was short on a voice. There is a need out there, and people want to learn what is going on with their health and what they can do to improve it.”

For more information on this innovative program, visit www.divabetic.org, and think about being one of the CDE’s at the 2009 New Orleans event.



President's Message

Terry Compton, RN, MS, CDE

It is with honor that I assume the President's position for SELADE. I must acknowledge Peggy for her outstanding leadership for the past two years in reviving SELADE after Hurricane Katrina. She had provided strength and wisdom to the board and continues to be an anchor for making our organization successful. Also, I also want to thank Pam Butler who continued to work as Past President and provided continuity to the board. Both Peggy and Pam have served on national committees to AADE which I feel has given SELADE an opportunity to be visible at the national level but given our organization much more by strengthening it. AADE provides many opportunities for its members to become involved. We all as members have something to offer. We bring unique experiences to the diabetes arena and these should be shared with others. Don't under estimate your talents and what you can bring to an organization to make it stronger. I recommend joining a specialty practice group to begin networking with your peers and having an opportunity to provide guidance to a subspecialty practice area. Many of our national board members and officers began in this way. AADE has many opportunities for you as a member and I encourage each of you to peruse the website to review the benefits of belonging to such a wonderful organization. I currently serve on the Professional Practice Committee for AADE for the second year and have learned so much by serving on this committee. I have also come to realize that I have unique experiences in diabetes education that my organization has benefited from by serving on this committee. I am forever indebted to my colleagues for believing in me.

We begin this year with great plans for our organization. From the members' survey that was given last year, the board has planned continuing education offerings from those suggestions. The board's goal is to continue to provide quality continuing education programs for its members. We have focused on providing the programs that meet the majority of the members' needs. Our next program, "New Technology and Therapies for Diabetes Management" will be held on April 18th at East Jefferson General Hospital with outstanding speakers scheduled. The American Diabetes Association 69th Scientific Session will be held June 5-9th, 2009 in New Orleans. The early bird registration deadline is February 19th with April 23rd being the next deadline date for reduced registration fees. It is not every day that an opportunity so close to home is available to attend. Also, our national meeting will be held in Atlanta, Georgia August 5th-8th. Consider attending and begin to network with your colleagues.

I also want our membership to consider volunteering at diabetes camp this year. There are two one week camps with the first session July 11th-18th and the second session July 18th-25th. Each year more campers are on insulin pumps with increased responsibility for the medical staff. Even if you can give two or three days, it would help tremendously. Please contact Lori Koonce at the ADA office as she is actively recruiting staff to attend. Having worked at diabetes camp for many years, I have had the opportunity to now see past campers come back as medical staff and renew friendships with my fellow nurse friends and others.

I look forward to serving as your President this year. My personal goals are to mentor new educators into the diabetes arena. We need new members to continue the legacy of our organization and to provide the tools to people with diabetes to live a successful life. Become active and help others.



Service

*“A gateway to
finding an-
swers,
feeling inspired
and
learning new
ways
to live well
with
diabetes”*



Revised Bylaws Pending Approval by Membership

By Pamela C. Butler, MS CDE

As one of my final tasks as outgoing past president and current bylaws chairperson, I reviewed our bylaws. Specifically, I compared them to AADE's, to ensure we are consistent with the mother ship, and I submit the following changes for review and approval. The membership has 30 days to review them before voting to adopt them.

Summary of changes:

- 1) Article V, Section 1, Item c – I added this item so Terry or the Board can call special meetings in addition to the regular quarterly meetings. I used the same wording as AADE.
- 2) Article V, Section 1, Item d – I deleted the 30-day requirement to cancel a meeting, figuring if we need to cancel a meeting, it would be for an urgent reason.
- 3) The bylaws on the SeLADE web site still had the old membership and fiscal year of July 1 – June 30. I changed it to align with AADE, January 1 – December 31.
- 4) Article VII, Section 5, Item b – I removed the word “unanimous” from the statement, “Issues voted upon in this manner (board decisions by mail or electronically) require unanimous, written consent.” Even though we generally reach consensus on issues, I don't think every decision should be required to be unanimous.
- 5) Article IX – Committees – I recommend we make this more general, giving the president the authority to establish committees.

Southeast Louisiana Association of Diabetes Educators BYLAWS

ARTICLE I - NAME

The name of the Association shall be the Southeast Association of Diabetes Educators, referred to herein as SeLADE, a chapter of the American Association of Diabetes Educators, Inc., referred to herein as AADE.

ARTICLE II - PURPOSE

SeLADE is a multidisciplinary association of health care professionals dedicated to integrating successful self-management as a key outcome in the care of people with diabetes and related conditions. This includes:

1. Providing educational opportunities for the professional growth and development of diabetes educators.
2. Promoting and aiding the growth and development of quality diabetes education for the person with diabetes.
3. Fostering communication and cooperation among individuals and organizations involved in diabetes education.

ARTICLE III - MEMBERSHIP

Section 1. CATEGORIES. Membership categories shall be Active, Associate, Corporate and Honorary.

Section 2. QUALIFICATIONS AND PRIVILEGES. The qualifications and privileges for the various categories of membership include:

a. *Active Member* shall be a member of AADE and a healthcare professional with an interest in the development, delivery or administration of diabetes patient or professional education or in diabetes research. An Active Member shall not be one who is employed by a company that is in the business of sales or marketing of diabetes pharmaceuticals, supplies or equipment. An Active Member shall have all the privileges of membership, which include the right to vote, to make nominations, to stand for elective office or a directorship position, and to chair, serve and vote on committees.

b. *Associate Member* shall be a member of AADE and a person with an interest or involvement in diabetes education who does not qualify for other member categories. An Associate Member shall have all the privileges of membership except the right to vote, to make nominations, or to stand for elective office or a directorship position. An Associate Member may serve on committees and vote on committees but may not chair committees.

c. *Corporate Member* shall be a member of AADE and any employee of a company whose business is the manufacture, sales, marketing or promotion of a specific diabetes care product or line of products. Corporate Member shall have all the privileges of membership except the right to vote, to make nominations, or to stand for elective office or a directorship position. A Corporate Member may serve on committees and vote on committees but may not chair committees.

d. *Honorary Membership* may be awarded by the Board of Directors to an individual in recognition of outstanding service to the field of diabetes education. An Honorary Member shall have all the privileges of membership except the right to vote, to make nominations, to stand for elective office or a directorship position. An honorary member may serve on committees and vote on committees but may not chair committees.

Section 3. APPLICATION FOR MEMBERSHIP. All applicants for membership shall complete and return to SeLADE the forms and payments required. The applicant, by such application and as a condition for membership, shall subscribe to the principles and code of ethics of SeLADE.

Section 4. GOOD STANDING. A member who continues to meet eligibility requirements and whose dues or other charges accrued are paid for the current SeLADE fiscal year shall be considered a member in good standing.

Section 5. SUSPENSION AND TERMINATION. Membership shall be terminated and all membership privileges shall cease under any of the following conditions:

- A. The member ceases to be eligible under at least one of the membership classifications specified in these bylaws.
- B. The member's dues or other charges accrued are not paid.
- C. Membership may be suspended or terminated for cause in accordance with procedures approved by the Board of Directors.

ARTICLE IV - FINANCES

Section 1. FISCAL AND MEMBERSHIP YEAR. The fiscal and membership year shall be from January 1 to December 31.

Section 2. DUES.

- A. All categories of membership shall pay such annual dues as determined by the Board of Directors.
- B. The annual dues for all categories of membership shall include such membership benefits, beyond the membership privileges set forth elsewhere in these bylaws as determined by the Board of Directors.

Section 3. REFUNDS. No dues, or fees or other charges shall be refunded to any person who terminates membership after the first 30 days of the membership year.

Section 4. MAINTENANCE OF FUNDS.

- A. The Treasurer shall be the keeper of the funds. All dues shall be deposited in an FDIC bank and two signatures shall be required for each check over \$500 written against the account. The second signature shall be as designated by the Executive Committee.
- B. An annual financial report shall be submitted to the Executive Committee for approval.
- C. The Board of Directors shall commission an audit of the account annually.
- D. The Board of Directors is empowered to make agreements for the investment of the funds and the employment of investment advisors, banks and auditors.

ARTICLE V - MEETINGS OF MEMBERS AND VOTING

Section 1. BUSINESS MEETINGS

- A. General membership meetings will be held quarterly, including the annual business meeting. All meetings shall be held at a time and place determined by the Board of Directors.
- B. Written notice of the place, day and hour of meetings shall be delivered to members not less than 30 nor more than 60 days before the date of the meeting.
- C. Special meetings of the membership may be called by the Board of Directors which shall determine its purpose. Except in the case of emergency, notice will be sent to members no less than 30 days before the date of the meeting.
- D. In the event of emergency, the Board may postpone or cancel any meeting, provided a written notice of such action is sent to all members as soon as feasible.

ARTICLE V - MEETINGS OF MEMBERS AND VOTING**Section 1. BUSINESS MEETINGS**

- A. General membership meetings will be held quarterly, including the annual business meeting. All meetings shall be held at a time and place determined by the Board of Directors.
- B. Written notice of the place, day and hour of meetings shall be delivered to members not less than 30 nor more than 60 days before the date of the meeting.
- C. Special meetings of the membership may be called by the Board of Directors which shall determine its purpose. Except in the case of emergency, notice will be sent to members no less than 30 days before the date of the meeting.
- D. In the event of emergency, the Board may postpone or cancel any meeting, provided a written notice of such action is sent to all members as soon as feasible.

Section 2. AUTHORITY OF VOTING MEMBERSHIP. The voting membership shall:

- A. Amend the bylaws on recommendation of the Board of Directors.
- B. Elect and/or serve as officers.
- C. Serve on and/or chair a committee.
- D. Adopt the budget.
- E. Make decisions for SeLADE by receiving reports and adopting policy.
- F. Conduct other business which may properly come before it.

Section 3. VOTING. A vote by mail, facsimile or electronic transmission may be authorized by the Board of Directors or as specified in these bylaws.

Section 4. QUORUM. A quorum shall be any number of voting members present at meetings and may transact business at any meeting of the membership.

ARTICLE VI - OFFICERS

Section 1. COMPOSITION. The officers of SeLADE shall be President, President-elect, Immediate Past President, Vice President, Secretary and Treasurer. These officers comprise the Executive Committee of SeLADE.

Section 2. TERM. Except for Treasurer, all officers shall hold office for a term of one year and shall take office on January 1 following election. The term of office for Treasurer is for two years.

Section 3. ELIGIBILITY. Only members who have been active members for at least one year can serve as officers.

Section 4. NOMINATIONS AND ELECTIONS. See Article VIII.

Section 5. VACANCY. In the event the office of President becomes vacant, the President-elect shall serve as President for the unexpired term. In the event the office of President-elect becomes vacant, the Vice President shall serve as President-elect for the unexpired term. In the event the office of Vice President, Secretary or Treasurer becomes vacant, the President shall appoint a member of the board as interim officer for the unexpired term, with the approval of the board.

Section 6. REMOVAL OF ELECTED OFFICERS. If the Board determines that it is in the best interest of SeLADE, it may recommend to the voting members the removal of an elected officer. An elected officer may be removed by the affirmative vote of two-thirds of the members present and voting, either in person or by proxy, when such vote is taken.

- A. If the membership determines that it is in the best interest of SeLADE, it may vote to remove an officer at any general meeting of the membership. An officer may be removed by the affirmative vote of two-thirds of the members present and voting, either in person or by proxy, when such vote is taken.
- B. An officer who has missed two or more consecutive meetings of the Board and has failed to obtain prior approval from the President for those absences shall be deemed to have resigned, and the position shall be declared vacant. The vacancy shall be filled in accordance with Article VI, Section 5 of these bylaws.

Section 7. DUTIES.

President. The President shall serve as presiding officer of all regular and special meetings of the general membership, Board of Directors and Executive Committee; shall be an ex-officio member of all committees; shall make all required appointments of standing and special committee and task force chairs; and shall perform such other duties as are assigned by these bylaws or the Board of Directors.

President-elect. The President-elect shall assume the duties of the President in the temporary absence of the President; shall serve as parliamentarian at all meetings; shall perform such other duties as assigned by these bylaws and the Board of Directors; and shall automatically succeed to

the presidency for the next term.

Vice President. The Vice President shall assume the duties of the President in the temporary absence of both the President and the President-elect; and shall perform such other duties as assigned by these bylaws and the Board of Directors.

Secretary. The Secretary shall oversee the proper recording of the proceedings of all meetings and shall perform such other duties as assigned by the bylaws or the Board of Directors.

Treasurer. The Treasurer manages the financial affairs of SeLADE and takes appropriate action regarding the finances at the direction of the Board of Directors and shall perform such other duties as are assigned by these bylaws and the Board of Directors.

Immediate Past President. The Immediate Past President shall chair the Nominating Committee and shall perform such other duties as are assigned by these bylaws and the Board of Directors.

ARTICLE VII – BOARD OF DIRECTORS

Section 1. COMPOSITION. The Board shall be composed of the Past President, elected officers and committee chairpersons. The President shall serve as presiding officer.

Section 2. TERM. Shall be as specified in Article VI, Section 2.

Section 3. NOMINATION. See Article VIII.

Section 4. DUTIES. The Board of Directors shall, within the limits of these bylaws, control and direct the affairs of SeLADE, determine its policies, actively prosecute its purposes and administer its funds. The Board may adopt such rules and regulations for the conduct of its business as shall be deemed advisable and may, in the execution of its duties, appoint such agents as it may consider necessary.

Section 5. MEETINGS.

- A. The Board shall meet no less than twice a year, at such times as determined by the Executive Committee and called by written notification from the President.
- B. The Board may make decisions by mail or electronically transmitted votes. Issues voted upon in this manner require written consent.
- C. The Board may make decisions during a telephone conference call or other meeting conducted by electronic means through which all persons participating in the meeting can communicate with each other, provided that a quorum is present and participating in the call. Votes taken during such meetings require majority vote of Board members who are party to the call.

Section 6. QUORUM. A majority of the voting members of the Board constitutes a quorum.

Section 7. EXECUTIVE COMMITTEE.

- A. The Executive Committee, consisting of the officers, shall conduct business of the Board of Directors in the interim between meetings of the Board, except as prohibited elsewhere in these bylaws. Actions of the Executive Committee shall be reported to the Board by mail or at the next Board meeting.
- B. The President may call a meeting of the Executive Committee with appropriate and adequate notice.
- C. A majority of officers shall constitute a quorum.
- D. The Executive Committee may make decisions by mail or electronically transmitted votes. Issues voted upon in this manner require unanimous, written consent.
- E. The Executive Committee may make decisions during a telephone conference call or other meeting conducted by electronic means through which all persons participating in the meeting can communicate with each other, provided that a quorum is present and participating. Votes taken during such meetings require majority vote of Executive Committee members participating.

ARTICLE VIII - NOMINATIONS AND ELECTIONS

Section 1. ELECTIONS. Annually, there shall be the election of a President-elect, Vice President, Secretary and Treasurer.

Section 2. NOMINATIONS.

- A. The Board of Directors shall serve as the Nominating Committee and shall be chaired by the Immediate Past President and shall present to the voting membership of SeLADE a slate of at least one candidate for each of the elective offices.
- B. Applications for officers must be received by the Nominating Committee no later than the deadline established according to the approved policies and procedures of the Nominating Committee.
- C. Selection of candidates shall be based on self-nominations, write-ins, and/or discretion of the Nominating Committee operating under approved policies and procedures.
- D. Candidates must be active members of SeLADE for at least one year.

Section 3. ELECTION PROCEDURE.

- A. The slate of nominees presented by the Nominating Committee to the voting membership of SeLADE shall be placed on ballots, which shall be distributed by mail or electronic means to all eligible voting members. Votes are to be cast by the date established by the Nominating Committee and shall be cast in the manner provided by the Nominating Committee, which may include submission by mail or electronic means. Votes received after the deadline established by the Nominating Committee will not be accepted for tally.
- B. Election shall be by a majority of votes cast.
- C. In the event that any elective position is uncontested through the nominating and write-in candidacy provisions of these bylaws, the nominee proposed by the Nominating Committee shall be deemed elected to the position.
- D. The newly elected officers shall assume their responsibilities at the time of installation.

ARTICLE IX COMMITTEES

Section 1. COMMITTEES. The president may establish, configure and dissolve standing and ad hoc committees as deemed necessary to perform duties outside the purview of the board.

Section 2. GENERAL PROCEDURES.

- A. The chairs of committees shall be appointed by the President. All chairs must be Active Members.
- B. The President shall be an ex-officio member of all committees.
- C. Committees report directly to the President.

ARTICLE X GEOGRAPHIC BOUNDARIES

Geographic boundaries shall encompass twenty-one (21) parishes in Southeast Louisiana, zip codes 700, 701, 703, 704, 705, 707 and 708. Interested persons who live outside those boundaries may also become members of SeLADE if they are members of AADE.

ARTICLE XI - INDEMNIFICATION

SeLADE shall indemnify any and all persons who serve as officers, committee chairs and members, their respective heirs and personal representatives against any and all expenses incurred by or imposed upon such person in connection with any action, suit or proceeding, civil or criminal, to which such person may be made a party by reason of having been an officer, committee chair or member, except to the extent the officer, committee chair or member is adjudged to have been guilty of actual negligence, or misconduct in the performance of duty to SeLADE. The indemnification may include any amount paid to satisfy a judgment or to compromise or settle a claim. Advance indemnification may be made if the officer or committee chair or member agrees to reimburse SeLADE if it is subsequently determined that the officer or committee chair or member is not entitled to indemnification.

ARTICLE XII - DISSOLUTION

If this association is dissolved at any time, its assets shall be distributed to the AADE Education and Research Foundation.

ARTICLE XIII - PARLIAMENTARY AUTHORITY

The rules contained in Robert's Rules of Order Newly Revised (current edition) shall govern the decisions of SeLADE at all levels of the organization in all cases where they do not conflict with the bylaws or adopted policies and procedures.

ARTICLE XIV - AMENDMENTS

These bylaws may be amended at any business meeting on the recommendation of the Board of Directors and approved by a two-thirds vote of the general membership present and voting, provided the proposed amendment has been submitted in writing to all voting members at least 30 days prior to the convening of the meeting.

Revised January 2006

Revised January 2008

Revised January 2009



MARK YOUR CALENDAR

New Technologies and Therapies in Diabetes Management

Saturday, April 18, 2009

East Jefferson General Hospital
Esplanade Room in the Conference Center
4200 Houma Blvd
Metairie, LA 70011

7:30 a.m.	Vendor Set up	
8:00—9:00	Registration	
9:00 - 10:00	"Health Information Technology: How to Improve Diabetes Care"	Linda Edwards, RN, MHS, CDE Quality Support Team, Planned Care Kaiser Permanente Denver, Colorado
10:00— 11:30	"Diabetes Gadgets: New Technology in Management"	KC Arnold, ACNP-BC, BC-ADM Adult Acute Care Nurse Practitioner Owner The Diabetes Center, PLLC
11:30—1:00	Lunch, Business Meeting, Vote on By-Laws, Exhibits, Networking	
1:00 - 2:00	"Case Studies in Successful CGM Patient Selection"	Marsha McCleskey, RD/LD, MS, CDE Clinical Science Manager Intensive Insulin Management Abbott Diabetes Care
2:00 - 3:00	"Testosterone and Hypogonadism in Men's Health"	Dr. Bhushan Endocrinologist Baton Rouge, LA
3:00—3:15	Evaluations	

Registration:

Se'LADE members: \$25.00

Non-Se'LADE Members: \$50.00

Please mail checks to:

Rosary Chetta, RN
Diabetes Center
Ochsner Hospital
200 West Esplanade Ave Suite 107
Kenner, LA 70065

Rosary Chetta rchetta@ochsner.org will send a confirmation e-mail upon receipt of checks. **Cancellations will be charged a \$10.00 handling fee. We cannot accept RSVP's for this meeting due to prior "no show" costs incurred.**

Target Audience: Diabetes Educators and health care professionals who care for patients with diabetes as RN's, RD's, MSW, Pharmacists, etc. 1

Contact Hours: 4.5 Contact Hours have been applied for.

More Information on Speakers, Goals/Objectives will be coming very soon.

BOARD OF DIRECTORS/ AND COMMITTEE CHAIRS

Terry Compton, RN, MS, CDE
President Elect
E-mail: comptonk@bellsouth.net
(504) 812-0339 (Cell)

Rose Wade, RN, CDE
President-Elect, Chair, Continuing Education
E-mail: rwade@ejgh.org
(504) 849-8600 (Work)
(504) 616-7016 (Cell)

Angela Cemo, MPH, LDN, RD, CDE
Vice-President
E-Mail: acemo@bellsouth.net
(504) 988-5841 (Work)
(504) 621-8093 (Cell)

Rosary Chetta, RN, CDE
Treasurer
E-mail: rchetta@bellsouth.net
(504) 508-7648 (Cell)

Elaine (Nonnie) Templet, RN, BSN, CDE
Secretary
E-mail: elaine.templet@tgmc.com
(985) 850-6303 (Work)
(850) 565-0663 (Cell)

Peggy Bourgeois, APRN, MN CNS, CDE
Past President
Chair, Nominating Committee
E-mail: peggyboo1@cox.net
(225) 978-8938 (Cell)
(225) 926-8336 (Office/Home)

Pam Butler, MS, CDE;
Chair, Bylaws;
E-mail: pambjimf@aol.com or
pam.butler@touro.com
(504) 897-8813 (Work)



Just a note to say "Thank you so much" for your care and concern during all of Ben's surgeries and following his death. He was my best friend, my partner, my soul mate. I was blessed to have him in my life for 47 years but he will be in my heart forever. Peggy Bourgeois

Job Opening

Ochsner Diabetes Management Program, Main Campus, Jefferson Highway, Jefferson, LA
Position for registered nurse, preferably CDE or CDE eligible, but willing to train right person, in a ADA registered program. Absolute requirements include a focus on teamwork, organization, anticipatory skills as well as customer service. Environment consists of primarily outpatient education, that includes basic education, as well as advanced concepts associated with insulin pump therapy. Hours vary b/w 7:30 to 5 pm. Monday thru Friday. Interested applicants may apply at www.ochsner.org

Change in Fee for Meeting

Due to past experiences where attendees RSVP but “No Show” the “free” CE/dinner programs, a small fee will be charged members for the upcoming Spring meeting. There is always a cost involved to provide a program, whether it is incurred by Se'LADE or a supporting vendor. We tried to provide programs free to members as an incentive, but either Se'LADE or the vendors have had to deal with the expense of food due to “No Shows”. With the reduced fee for members at \$25.00, the member is still getting the benefit of a reduced registration fee for this meeting.

